



**NASIO
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FOR GOOD

Dear Sponsor:

MY ONE YEAR EXPERIENCE

Since I joined St. Anne's Musoli Girls High School in Kakamega County - Kenya, and as an exceptional student, my heart palpitated as my feet buckled while my teeth rattled. I was wondering if I would survive in that school.

Few days later I became familiar with my new school together with my colleagues who had just joined. I had so many friends and one of them was Daisy Shitundu. My school is sponsored by Catholic Church and it is doing well. Am so happy for the school because it has highly disciplined and also hard working students.

As I continued with my education in the Form one purple section, I have had an insightful personal motto: Education is the key to my better life. I have been engaged further in other extra-curriculum activities.



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Such as football, debate, Athletics and also music and Drama. The epitome being the Jerusalem Dance of which I emerged the best.

I study eleven subjects namely English, Kiswahili, Mathematics, Biology, Physics, Chemistry, Geography, History, Christian Religious Education, Home science and Business studies and I am passionate to excelling in all of them.

We had a short break which is known as half term for one week and when we came back we did exams which our results were not released but I was the best because I did so well. There is something I learned in our school compound which answers the question, "What value should you add in this world?" That is the only thing that makes

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me more hardworking so that I can add something in the world.

My stay in school was short-lived, since the onset of the Covid-19 pandemic did a massive blow to the education sector in its entirety. We were forced to proceed on a long holiday, that has since lasted a year.

I decided to give back to the community and this forced me to volunteer at the Nasio Trust Kenya Charity Organization, that is based in Mumias, Kakamega county. I volunteered in different sections starting with the spirulina section. At this department, I learned a wide range of ideas and skills on the production of spirulina capsules and powder. I was lucky enough to acquire skills on marketing of the products and



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this impacted in me bargaining skills and life survival techniques. My esteem has since grown.

I further joined the tailoring hub, sponsored by Nasio Trust. Amazingly, I was able to acquire the necessary skills that have since enabled me to mend my cloth when torn, design my face masks, and also for my family and I have been also ensuring that I prepare some of our Nasio children that are just opening schools. I am sure, after mastering these skills, I will in future open my own income generating Tailoring shop and I will not heritate naming it "Plewo Tailoring Shop."

I have also been engaged with nurturing the Nasio children and beneficiaries talent through music and

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drama. During this time I was the head of the activities and ensured that our fellow peers and children got engaged and utilized to the maximum with the adage in mind, "An idle mind is a devils workshop." I didn't want them to succumb to vices that would deprive them of their focus and stature. I didn't want us to succumb to peer pressure and get involved in negative teenage activities.

Finally, during the pandemic, I have been involved in the Peer Education Programme of which we were ambassadors and crusaders of proper moral and norms. We were teaching our fellow peers within Mumias West sub-county, and I am proud of changing lives of over 46 peers. Topics covered included Adolescent life and its impact,



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Impacts of teenage pregnancies, Effects of Drug abuse, Child protection and Rights, and also I sensitized them on how to fight the ravaging Covid-19 pandemic.

In conclusion, and I go back to school, I have acquired the necessary skills which have taught me to remain true to myself, work extra smart in my academics and will eventually emerge victorious. I pray that God protects you and your family, your life-changing Foundation and my personal mentor, Dr. Nancy Hunt. Thank you so much and have a blessed year 2021.

Raina Ngesa.

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